

# TAKE IT SLOW AND EASY. BE SEEN, BE SAFE.

As we grow older, our sense of sight, hearing and agility tends to deteriorate. We may not be as alert as before and may overlook potential dangers on the road. For a safe journey home, don't forget - **Be Seen, Be Safe. Make it home safely.**

Here are four easy steps you can take.



## **BE ON THE LOOKOUT**

Pay attention to other road users, pedestrians and on-coming traffic.



## **WEAR BRIGHT CLOTHES**

Wear light-coloured and reflective clothing when using the roads at night.



## **AVOID ROAD DANGERS**

Do not cross in-between stationary vehicles and at road bends.



## **OBEY TRAFFIC RULES**

Always use pedestrian crossings and obey traffic rules and signals when crossing.

